

Youth session plan



Passage/Theme	Eldoret Stories (prayer)
Learning objective(LO)	A: What is prayer? B: What difference does it make? C: Why do we pray? D: How do we pray?

LO	Title	Description	Things you'll need	Notes
N/A	Just a minute	Can you talk on one subject for one minute without pausing or repeating yourself? Have a go with people at home. You could ask someone in your family to video you and ask them to share your video with the Youth Facebook page. Always check with your parents/carers before uploading any photo or video of yourself on social media.	A topic you are really interested in. A stopwatch and someone to time you.	Remember if you are going to video yourself always get permission before uploading or sharing it! Let us know how you get on, did you manage to do it? Was it harder than you thought?
A	Communication	Using some paper write a list of all the different ways that people communicate to each other.	Paper Pen	How many ways have you written down? How many of them involve talking and how many don't?
D	The Lords prayer song and sheet	Listen/watch the youtube video on the online session website page "Our Father". As you listen/watch follow the instructions on the printable sheet "The Lords prayer words". Using the downloadable The Lord's prayer sheet go through the prayer, highlight in Green the bits that you understand, highlight in yellow the bits that you sort of understand, highlight in red the bits you really don't understand. Now underline any bits in green or yellow that really speak to you, have a think why do they jump out at you? Maybe it's because they challenge you or encourage you?	The Lord's prayer printable sheet, Green, Yellow and red pencil or highlighters, a pen.	
D	Bible reading	The Lords prayer Matthew 6 v 9-13 And 1 Thessalonians 5 V 16-18	A Bible or use the links on the website	
B	Eldoret Story	What Reverend Henry as he talks about how prayer has changed his life.	Video on the website	
A,B,C,D	Why Pray?	What and listen to the spoken work on Why Pray?	Video on the website	
ABCD	Time to Think	Summary - time to think, pray and reflect on what we have learnt and thought about today.	Using the questions sheet as Lucy summarises our session.	
	Reflection	As we listen to "Waiting here for you" by Martin Smith, reflect and pray using the reflection sheet.	Note book/sticky notes/reflection sheet Pen	
	Extras	1 Thessalonians colouring sheet		